

MENTAL STATE EXAMINATION

APPEARANCE: Age range, build, hair, etc.

ISBAR

I AT BED SIDE

IDENTIFY: Introduce yourself & other members. Your position, role, etc. Confirm Pt with 3 identifiers. MRN, UR Number, D.O.B, Gender.

S

SITUATION: Clinical Diagnosis, reason for admission/pre-arranged reason for transfer, prior history.

B

BACKGROUND: Relevant ALLERGIES, resus status, history.

A

ASSESSMENT: Current signs, investigations, infusions/medications.

R

RECOMMENDATIONS: assign an accountable person.

This card is for education



This card is for educational purposes



PATIENT ASSESSMENT

CNS

GCS: Pain score. Analgesia - check patient is alert, medication orders and delivery system. Symmetry and co-ordination of pupils, sedation score.

NEURO-VASCULAR

Extremities, CWMS, Capillary refill & pedal pulses.

CVS

HR rhythm, febrile, EKG/ECG, oedema, skin warmth, moist/dry. Anticoagulants. BP. IV Therapy (see Drip Rates card).

RESP

Rate and effort. Cough moist/dry. Sat. Mode of O2 delivery & flow. upper/mid/bases, wheeze in course/fine, nail bed colour, draining.

GIT

Nausea/vomiting, to Bowel sounds, Bowel non-tender, distended.

ISBAR

Identify, Situation, Recommendation. For further information

- INCLUDED IN THIS 24 CARD PACK:**
- Patient Assessment
 - Glasgow Coma Scale
 - Pain Scale
 - Stool Chart
 - ISBAR/Hand Hygiene
 - Peg Tube Management
 - Mental Health 1 & 2
 - Mini Mental
 - Medical Abbreviations
 - Urinalysis Affixes
 - Vital Signs

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rapid response pack

- Medical Emergency
- Epilepsy/Fitting
- Chest Pain Management
- Anaphylaxis Management
- Diabetes Management
- Asthma Management
- Burns
- Cuts & Grazes
- Tooth Loss
- Fracture, Strains & Sprains
- Bites & Stings
- Emergency Resuscitation/CPR